

SPECIAL REPORT



THE ENERGY SOLUTION TO AUTISM

By Radiant Wellness Centre Pte Ltd

www.autismsingapore.com

Thanks for reading this article. I know that you loved your child very much and have done a lot of research into the causes and solutions for autism.

If you have done some research, you probably are frustrated, isn't it? After all, experts seem to disagree on the causes of autism and also the treatment methods.



Wouldn't it be wonderful if there was one source for all the health, social, behavioural and speech problems of your child? Then there is no need to waste time and money and you can relieve all these problems at the same time, since there is only one source. In addition, if you are healing this one source, then you also know that you are doing what is best for your child.

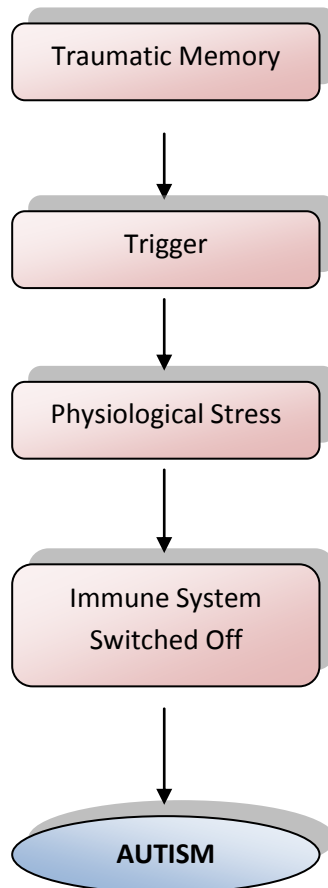
The good news is, there is indeed one source.

The even better news is, because there is only one source, it is possible to get to the source and reverse the effects.

You have probably heard this said by many other experts who claimed the same thing, but let me assure you, we are different. But don't take it from me. Read the article with an open mind, and think whether all that we have said makes sense. Then come to your own conclusion.

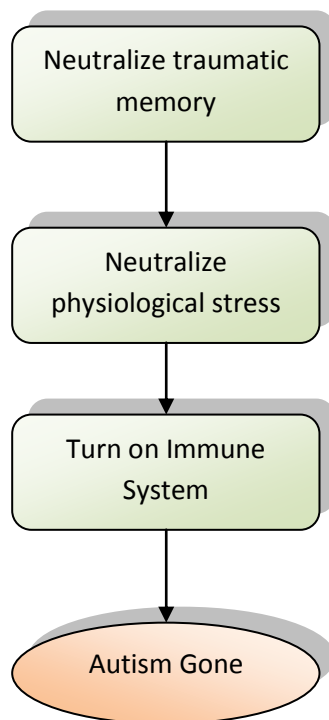
Here is a short summary of what we believed are the causes of autism.

Traumatic Memory -> Trigger -> Physiological Stress -> Immune System switched off -> Autism



Here is a short summary of what we believed are the solutions for autism.

Therapies to neutralize trauma memory + physiological stress -> Immune system turns back on -> Symptoms of autism disappear



Let's break this down one-by-one, into what I call the 7 Paradigms:

Paradigm #1: A perfectly functioning immune system is immune to all diseases and illnesses, including autism.

Imagine for a minute that whatever your problem is, including your child's autism, you could have a Genie in a bottle provide you with a solution that is guaranteed to work. Won't that be awesome? Guess what? You already have it!

Every person has an absolutely miraculous healing system in their body that can heal any physical issue that a person might have. It's called the immune system. In fact, all medical devices, drugs, surgical intervention, etc, etc are merely supporting this immune system. Ultimately, the only thing that can heal the body is the body's own immune system.

If you were to ask just about any doctors or health practitioners in the world, "Is there any illness or disease that a well, fully functioning immune system cannot treat?" and they were to answer honestly, everyone of them would say no.



Based on a research from Stanford University Medical School released in 1998 by Dr Bruce Lipton, a highly respected cell biologist, cells that were open and in growth and healing mode which is descriptive of a fully functioning immune system is literally immune to illness and disease!

You would probably wonder, why then if we have such a miraculous immune system, people fall sick and my child has symptoms of autism? That brings us to Paradigm #2.

Paradigm #2: The cause of all diseases and illnesses, including autism, is physiological stress. It does this by switching off the immune system.

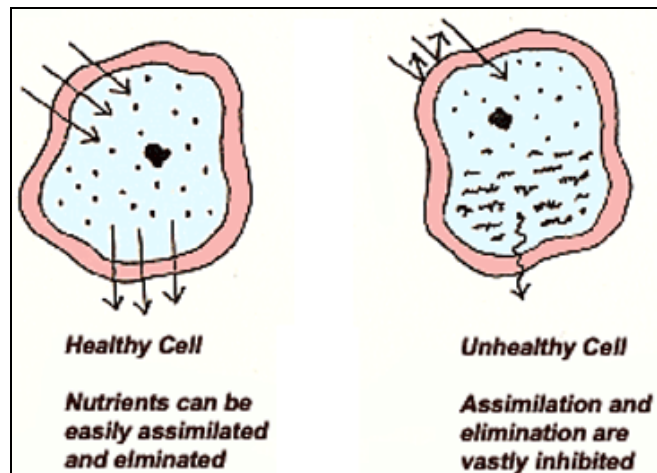
Recent medical research has found a close correlation between physiological stress and illnesses and diseases. The research by Bruce Lipton points out that this physiological stress is the cause of at least 95% of illnesses and diseases. Remaining 5% is genetic and is caused by stress somewhere in the ancestry of that person.

Another research by US Federal Government, Centres for Disease Control states that 90% of all illness and disease are related to stress. Other sources that agree include Harvard, Yale, Vanderbilt, Mayo Clinic, etc.

This stress is not the same as the type of stress we face in our day-to-day life – what we considered as normal stress like work, our relationships with our family, etc. In fact, in another research done, 90% of people who say they are not stressed before they are tested are actually under physiological stress.

How does stress switch off your child's immune system? Stress causes his body to think that it is in danger when it may or may not actually be in one. His body goes into what is known as the fight-flight mode.

The body prepares to defend against an external threat and direct all energy towards that purpose. All maintenance, repair and normal activities cease because all these won't be important if the body is dying.



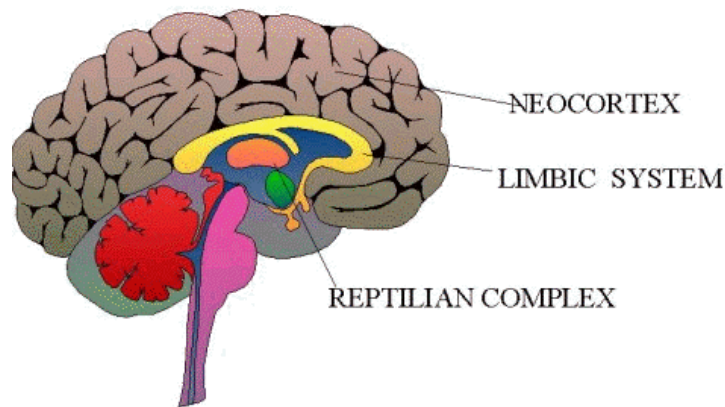
The cells close off and don't receive nutrition, oxygen, minerals nor do they get rid of waste products and toxins. Over time, the cells die - leading to symptoms of autism.

That is also why you may have tried supplements, nutrition, etc for your child but did not see the results you would like. It is because his cells simply cannot absorb it.

Paradigm #3: Physiological stress is caused by traumatic memories. Traumatic memories cause the body to believe it is in danger of dying and do everything in its power to protect the body, including directing resources away from the immune system.

Based on current neuroscience research, our brain is made up of three parts, also called the triune brains – the **neo-cortex** – which is our logical and reasoning part and also the part that governs speech, the **mammalian brain** – which is the part that cause us to feel emotions and the **reptilian brain** which is instinctive and seeks to protect us from harm.

This corresponds to evolutionary theory in that the first brains to develop were the reptilian brain, followed by the mammalian brain and finally the neo-cortex brain.



Triune Brain

Amongst these three, do you know that the mammalian and reptilian brain (also known as the subconscious and unconscious) are millions of times more powerful than the neo-cortex? This is not surprising considering that the reptilian brain is involved in all the unconscious functions of our body. Can you imagine that you have to consciously think about your hair growing? Or consciously think about beating your heart?

This reptilian brain works to protect us. All memories of the past are stored. It is particularly reactive to memories in which it feels there is a threat to the body's survival. The problem is that it thinks that there is a threat based on its thinking ability **at the time that the incident occurred**.

Let me give you an example to illustrate this. We have found that many autistic children have pre-birth or birth traumas. What are some of these? Caesarean birth. Forceps birth. Diabetic birth. Premature birth. Emotional turmoil of the mother during the carrying term. So on and so forth. The child thinks that it may die because it is interpreting the event based on its thinking ability at the point in time the incident happened. So even if there is no real threat, it doesn't know that. So now we have a traumatic memory in the brain of the child. The body would go into hyper-drive by sending stress signals through the body if anything from the external environment that resembles even remotely this threat in future comes into awareness.

To understand how debilitating it can be, many autistic children have a sensitivity to sound. Why are they so afraid of an ordinary sound? Because when they faced that trauma long ago, they heard sounds, so anything that

resembles loud sound would send them into panic mode, because the body thought that it is again facing the life-threatening situation.

This makes sense, doesn't it? After all, you probably can remember times when you smell a perfume and recall the person who wears it? Or hear a favourite song and remember whom you were with when you listened to it? That is how it works – through association.

This will also explain all the irrational fears of people, why there are people who are afraid of enclosed spaces, of height, of spiders, of snakes, etc. Because the mind has associated these images to memories in the past in which the body believes that its life is in danger. It would also explain why people have post-traumatic stress, for example Veterans from the Vietnam wars who continue to suffer long after the war is over.

So previously we talked about the marvelous immune system. What can switch this system off? This stress generated by the reptilian brain because it thought its life is in danger.

This will also explain why autistic children have difficulty with higher-functioning skills like speech. When the body thinks that it is dying, all resources are pulled from the neo-cortex, the logical brain, because the body believes it now needs to react instinctively instead of rationally.

Think for a moment how drivers react when the car in front brakes suddenly, the body immediately takes over and press down on the brakes, the driver won't be reasoning "Should I brake? Why does the person in front brake suddenly?" The body has to react first, or risk dying.



Paradigm #4: There is a trigger (e.g. vaccine) that caused the traumatic memories to be activated, and the body responds by shutting down the immune system, and this would continue until such a time that the traumatic memories or the stress signals are removed.

Do you know there has been research done recently that has shown a close link between vaccination and autism?

Vaccines responsible for autism

<http://www.wddty.com/dna-in-vaccines-linked-to-rise-in-autism.html>

<http://www.wddty.com/mmr-and-autism.html>

But you may ask, all children have vaccines, why is it that some have autism and some didn't? It depends on how much trauma memories the child already has. Usually there is a limit to how much the body can take before it breaks down. We believe that sometimes it is the toxic load in the vaccine which is the final insult that "broke the camel's back." Autistic children interpret the vaccines as a life-threatening situation (because of the toxins in the vaccines) and started sending out stress signals from the reptilian brain, which then shut off the immune system. And this is how autism starts.

Of course, vaccine is only one possible trigger. We have found others like heavy metals exposures, mold from the environment, pesticides, etc. Of course, no one has the last word on it yet, and it would probably be years before there is a conclusive answer. But you can see how this is very logical and corresponds to all your experiences with your child, doesn't it?

So, to recap on the causes of autism...

The autistic child suffered traumas from the past which were interpreted as life-threatening by the body (even if it may not be in real life), which are encoded as trauma memories in the brain.

Because the brain works by association, a trigger from the external environment that resembles these traumas set it off sometime later and created a fight or flight instinct in the body. The most common trigger could be vaccines which actually are made up of toxins or even certain food substances that are not tolerated by the body.

This trigger causes a huge amount of physiological stress in the body, and this stress turns off the immune system which is responsible for all healing of the body's functions. Since the immune system is now turned off, the cells slowly start to die, leading to symptoms that we commonly term as autism.

So what is the solution?

Can you see that firstly, if we can neutralize the stress signals from the reptilian brain to the immune system, the immune system can turn back on and start to repair the body which it is supposed to do in the first place? Secondly, for permanent changes, if we are able to remove the trauma memory or

memories from his reptilian brain, the reptilian brain would then no longer reacts to the external environment in a distorted way by sending stress signals to the body even when there is no real threat to the body?

You probably are thinking - how can we do that?

Paradigm #5: Everything ultimately is energy. The body is energy. Trauma memory is energy. Stress signals are electrical pulses aka energy. If there is autism, it means that there is an energetic problem.

Actually it all started with one of the greatest mind of all time. This person is none other than Albert Einstein, the Nobel Prize Winner. When he discovered quantum physics, one of the most famous equation is known as $E = MC^2$.

$$\text{Energy} = \text{Mass} \times (\text{speed of light})^2$$

What this means is that ultimately, all matter is made up of energy. And this includes all human bodies. So if there is a problem in the human body, we can say that there is a corresponding energetic disturbance in the body. What are these energetic disturbances? Remember our trauma memories? Guess what, trauma memories are stored as... energy.

"Substance of memory is an energy pattern."

Pierce Howard, PhD, "The Owners' Manual for the Brain"

This also means that the stress signals, which are basically electrical impulses from the brain to the body, are... energy.

You probably can see where I am going with this, can't you?

If traumatic memories and stress signals are energy, then the way to neutralize them would be using energy, isn't it?

Unless we treat this energetic disturbance at its roots, the problem would not go away permanently.

That is the reason why people with cancer can sometimes treat it and see the cancer cells go into remission, only to have another cancer appear later in another part of the body. The medical treatment treats the cancer, but not the energetic disturbance that causes the cancer.

Paradigm #6: The way to permanently, safely, swiftly change the condition of autism is using energy to correct the trauma memories and stress signals, this would then turn the immune system back on which would then start doing the work it was originally designed to do – to repair and heal the body.

But don't take it from me, let's look at what some of the greatest scientific minds of our times – Nobel Prize winners, people with doctorates in various fields, medical doctors, authors, inventors – had said, when they spoke about health issues and its relationship to energy.

All of them had come to the conclusion that the root of all health and illness, and this includes autism, is always an energy issue in the body. They also said that someday we're going to find a way to fix the energy problem that underlies every health issue, and on the day that happens, the health of the world will change forever.

Here are a few quotes from these famous people:

“All living organisms emit an energy field.” Semyon D. Kirlian, USSR.

“The energy field starts it all.” Prof Harold Burr, PhD, Yale University

“Body chemistry is governed by quantum cellular fields.” Prof Murray Gell-Mann, Nobel Prize Laureate (1969), Stanford University

“Diseases are to be diagnosed and prevented via energy field assessment.” George Crile, Sr., MD, Founder of the Cleveland Clinic

“Treating humans without the concept of energy is treating dead matter.” Albert Szent-Gyorgyi, MD, Nobel Prize Laureate (1937), Hungary

“Future medicine will be based on controlling energy in the body.” Prof William Tiller, Stanford University

“A disruption in the body’s energy field can be traced to a destructive image [memory]. Healing of destructive image has a permanent healing effect in the body. “

Rich Glenn, PhD, “Transformations”

What is missing in most current treatments for autism is the bioenergetics component!

If you are to currently look at the therapies for autism, these would belong to two main categories – behavioural intervention techniques and biomedical approaches.

For example, ABA (Applied Behavioural Analysis), Occupational Therapy and Speech Therapy are behavioural intervention techniques.

Based on what we have discussed on the root causes of autism, can you see why these three well-known therapies may not be the ultimate solution that you are looking for?

The reason? All of them are working from the outside-in. All these therapies aim to shape behavior or speech through some form of reward and punishment, even though it can be very subtle at times.

You may indeed see improvements in behaviour, but what they do is mainly to manage the symptoms, not treating the cause - an immune system that has gone haywire.

ABA, occupational therapy and speech therapy can still be very helpful to support the child in his recovery, but it CANNOT be the ONLY solution you are looking for to help your autistic child since it does not treat the root causes of his autism, won't you agree?

How about biomedical approaches then? This includes gluten and casein free (GCF) diet, nutritional supplementation and detoxification. The problem? If the body is in a stress mode, the cells may not be open to absorb these nutrients in the first place. Once the problem is corrected by our bioenergy treatments, you would start to see an exponential effect in terms of results for all other therapies you use, because finally the immune system is coming back into balance which is the root cause of the problem in the first place!

Another reason why we want to use bioenergy instead of nutritional to heal the autism problem is the transfer of information to the problem. Chemicals and nutritional are transferred from molecule to molecule at the rate of about **one centimeter per second**, and a little is lost in each transfer. The transfer of information through energy occurs at around 186,000 miles per second, and almost nothing is lost in the transfer. That means that therapy involving bioenergetics is **186 million times faster** than any biomedical intervention!

Don't misunderstand me. We also use nutritional in our work, but we believe this should supplement what bioenergetics is doing. And we realise that a combination of these two – biomedical and bioenergetics, tends to give the best results for the children.

Paradigm 7: If the root of autism is an energy problem, in order for a treatment to work, it must deal with two things – the trauma memory and the physiological stress in the body. If not, then it would only work at the symptoms, never the cause of autism.

Bioenergetics helps to remove the trauma memories and stresses in the immune system in the fastest, simplest and most effective way so that the immune system can function optimally again and repair the damage done to the body. At that point in time, it would also make sense to add some biomedical supplements to provide the necessary base for the body's repair work.

Because your child's body is ultimately energy, it is possible for a bioenergetics practitioner trained in working with energy to intervene by working with your child's bioenergetics field to correct the causes of his autism.

All these may sound hocus-pocus, and you may ask, if these are all really true, why do doctors not recommend bioenergy?

Do you believe in the effectiveness of Traditional Chinese Medicine (TCM)? After all, it has over 5000 years of history. But do you know, even now, it is not yet scientifically validated and not endorsed by the western medical world?

In TCM, there is a famous classic called Medical Classic of the Yellow Emperor (Huangdi Neijing)? It details that amongst all the therapies under TCM, the most effective is Qigong healing, followed by acupuncture, and then only after that herbal medicine. Bioenergetics is an advanced form of what in TCM would be regarded as Qigong healing. So this form of healing has already been recognized in a medical field that has been around for over 5000 years!

One of the difficulties is also that pharmaceutical companies gain profits not by making people well. So if there is an easy, fast and effective way to treat autism, they are unlikely to advocate research in those areas. Frequency and energy has actually been used in healing for decades. There is a guy called

Royal Ramon Rife, and 1930s use it successfully with frequency alone. burnt down and he forgotten.

"Miracles happen, not in opposition to nature, but in opposition to what we know of Nature."

St. Augustine

PhD who in the 1920s consistently and cancer patients using His lab was ultimately died poor and

Therapies using frequencies are only allowed to enter medicine when there are no effective drugs. Currently doctors use energy in the form of sound frequency to break up kidney stones and dermatologists use light frequencies to stimulate healing and hair growth on damaged skin.

Think about the loss of power, money and control throughout the whole medical establishment if people could heal themselves without a doctor? But even this tide is changing.

There are already clinics and hospitals in US and Europe using bioenergy therapy as complementary medicine. What we would be using, Autonomic Response Testing (ART) is a bioenergetics test that would allow us to detect the energy problems that your child has and work with it so that his body can start to heal itself naturally! The originator of this technique, Dr Dietrich Klinghardt, MD, is known world-wide as one of the authority on therapies for autistic children.

So there, that is our 7 paradigms!

These are called 7 paradigms because firstly, this is probably the first time that you have had the cause and solution of autism explained to you in this way.

We recognize that it also requires a paradigm shift in thinking. Imagine you are transported to the time of the cavemen and you flipped out your cell phone to call a friend. You would probably be revered as a god! Does that mean that at that point in time, the physics didn't exist? Physics haven't changed at all, only our knowledge, understanding and application of it.

So now you know the one source we are talking about earlier in the article, don't you?

The one source is the energetic disturbance in the body, specifically the trauma memory and the physiological stress. By healing this one source, you would finally, once and for all, permanently treat the causes of your child's autism. And it doesn't take conventional wisdom to know that the most effective treatment is always one that deals with the cause of the issue.

So for a short recap,

Cause of Autism

Traumatic Memory -> Trigger -> Physiological Stress -> Immune System switched off -> Autism

Our Solution

Therapies to neutralize trauma memory + physiological stress -> Immune system turns back on -> Symptoms of autism disappear

7 Paradigms

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If you have read all the way to the end of the article, we congratulate you. We know that you are open-minded enough to see for yourself what we have to say. We know that you love your child enough to read everything you can on the subject.

We made a promise at the start of the article that what you have read here is different from all the materials that you have read previously on the causes and solution for autism, and we hope we have not disappointed you.

Someone once said, "Knowledge is power." I would like to add that, "Knowledge with application is true power." Only when you apply what you have learnt here can you use that power to change the life of your child and yourself.

If you believe that we have the solution you need, please contact us:

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Website: www.autismsingapore.com

We look forward to seeing your child and you. Have a blessed life!

Darius Soon

Chief Practitioner

Radiant Wellness Centre Pte Ltd

ABOUT ME

Darius Soon

It was almost as if Darius would be an accountant and live a normal corporate life after graduating with 1st class Honours in Accountancy.

But in his first year of work, he realized that this type of life wasn't what he really wanted.

During his university days, he volunteered in an organization serving intellectually disabled and autistic children. Not long after leaving his accounting job, he took a sabbatical and travelled to United States where he had the opportunity to bring smiles and laughter to autistic children and adults in a summer camp. All these experiences have a profound impact on his life, and he believes that he can do more for them.

This begins a journey where he spent the last 5 years exploring different techniques which can help autistic children. Unbounded by the traditional mindset, he is willing to go where no one has gone before, and researches on anything that claims to produce results.

Eventually he reaches the conclusion that the answer lies in vibrational medicine. Some of the variety of techniques which Darius has learnt under this category included Autonomic Response Testing (ART), Neuro-Linguistic Programming (NLP), Hypnotherapy, Past Life Regression, Quantum Touch, Emotional Freedom Therapy (EFT), ThetaHealing, Sedona Method, The Journey, Primordial Energy Activation and Transcendance (PEAT), Quantum Entrainment (QE), Matrix Energetics, Yuen Method, The Healing Codes and Domancic Method of Bioenergy.

Now he wants to bring options to open-minded parents of autistic children. To Darius, there is nothing more meaningful than seeing the transformations in the children he helped.